

Medical History Policy

Patient information

Upon first registration with the clinic and during the first appointment, all patients will be required to advise the osteopath of all medical history. This will include any items that the patient may not feel are relevant to their current ailment or injury.

It is the responsibility of the osteopath to explain to the patient why such in depth information is required and answer any questions in a frank and honest discussion with the patient.

It is the responsibility of the patient to provide all medical history for which they are asked questions, this will include but is not limited to:

- Past accidents or injuries that have taken more than 2 weeks for full recovery
- Hospital stays or surgeries
- Any medical investigations including those which had no therapeutic outcome
- Any ongoing medical investigations
- Any diagnosed medical conditions
- Past and current medications taken including dates and dosages
- Self medicated drugs and supplements

Patients will also be asked to provide answers to current medical wellbeing which covers a broad range of short questions about their current health.

Clients attending for Counselling, hypnotherapy and reflexology will be required to give information regarding their medical history relative to the service they are accessing. i.e. Medications relating to mental health or disorders or dis-ease that may require adjustments to reflexology treatments.

Consent

Patients will be asked to complete details of their personal home address, place of work and emergency contact on a consent form. The patients are then asked to read a consent declaration relative to their treatment and confirming they will be required to give relevant medical history and consent to treatment. The form is required to be signed to confirm the patient has provided the correct information, accepts the terms of the treatment protocol as stated above and consents to treatment by the therapists.

Confidentiality

In accordance with the information on the data policy no information held will be passed to party outside of the clinic without explicit consent.

Diagnosis by third parties

From time to time, patients may come to the clinic with either a professional or self-diagnosis for their current complaint. These will be thoroughly investigated by and discussed with the patient during their treatment. Any alterations in these previous diagnosis will be explained in detail during testing and treatment stages in order that the patient may fully understand their condition.

Should patients have copies of medical imaging documents or reports, they are encouraged to bring them to the osteopathic treatment or send them to the clinic prior to treatment for review.

Policy reviewed and updated 21st May 2026